



AccessPhysiotherapy User Guide

About This Guide

The **AccessPhysiotherapy** User Guide provides users with a detailed roadmap for using and engaging with the resources in the site. This guide describes AccessPhysiotherapy and what content can be attained in the site, as well as details how to create and use a MyAccess profile.

Also, the guide outlines unique and foundational content across the book's library, quick reference items, drug monographs, multimedia collection, cases, study tools, exam preps and materials for instructors.

Coupled with the AccessPhysiotherapy support page on the Access User Center and the AccessPhysiotherapy LibGuide, this user guide will provide users with the needed information for effectively deploying the resources in AccessPhysiotherapy for academics, research, and clinical practice.

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About AccessPhysiotherapy

What Is AccessPhysiotherapy?

AccessPhysiotherapy from McGraw-Hill Medical is devoted exclusively to the study, instruction, and practice of physical therapy – with groundbreaking content for today's PT. Updated regularly, this comprehensive online physiotherapy resource integrates leading physical therapy textbooks, procedure and exercise videos, image galleries, self-assessment tools, and a unique cadaver dissection tool – optimized for viewing on any device.

Guided by an esteemed [Advisory Board](#) that includes two top academic experts, Annie Burke-Doe, PhD, and Eric Shamus, PhD, **AccessPhysiotherapy** is the field's most trusted physiotherapy resource.

AccessPhysiotherapy provides PT students with instant access to videos, self-assessment, and leading physical therapy textbooks that will establish an important foundation for learning, and allows physical therapists to brush up on their knowledge or access quick answers as the need arises.

Why Is AccessPhysiotherapy Unique?

AccessPhysiotherapy provides unique benefits that deliver indispensable support and reliable information designed to enhance the learning and development of the core principles of physical therapy all in one place through these exclusive interactive features:

- [Leading physical therapy textbooks](#) – Included with AccessPhysiotherapy is the definitive collection of physical therapy texts from McGraw-Hill Medical, such as the fully searchable and complete content of *Dutton's Orthopaedic Examination, Evaluation, and Intervention and Therapeutic Modalities in Rehabilitation*.
- [Multimedia](#) – A robust library of narrated videos designed to teach exercise and rehabilitation techniques, kinetics, and physical therapy interventions – allowing PTs to form a plan of care faster than ever before.
- [NPTE review](#) – More than 2,200 interactive self-assessment questions designed to help users prepare for the NPTE exam, including questions from the new edition of *McGraw-Hill's NPTE*.
- [Anatomy & Physiology Revealed](#) – An interactive cadaver dissection tool that students can use anytime, anywhere to gain valuable anatomical knowledge through unparalleled access to views of the entire human body, along with imaging slides and animations.
- [PT lecture series](#) – Learn key neuroscience and neuroanatomy concepts as they relate to physical therapy through an ongoing lecture series, *Essentials of Neuroscience in Physical Therapy*, which combines graphics, case studies, and narration.
- [Quick Answers](#) – Concise outlines of common conditions and disorders at your fingertips – whether used as a high-yield review for studying or for quick reference in the clinical setting.

MyAccess Profile

Unlock a Higher Level of Productivity with a MyAccess Profile

Users create and use their personal **MyAccess Profile** to unlock key features:

- Work through challenging patient cases
- Create and take quizzes for board review and self-assessment
- Connect remotely off-site through VPN authentication
- Bookmark favorite content such as videos, images, tables, and chapters to view later
- Organize important content in folders
- Browse recently viewed content
- Receive alerts about important new content additions
- Download multiple images to PowerPoint with citations and references automatically populated

How to Set Up Your MyAccess Profile in 3 Easy Steps

- Go to <https://mhmedical.com/umbrella-index.aspx> or navigate to any Access product homepage. You must be on-site at your institution or organization when first creating your MyAccess Profile.
- Click on your institution's or organization's name in the upper right-hand corner of any page. Once there, click on "Create a Free MyAccess Profile."
- In the pop-up window, click "Create a Free MyAccess Profile."

[Watch this tutorial](#) on the **Access User Center** to learn more about the **MyAccess Profile**.

Helpful Tip

To keep your MyAccess Profile active, you must sign into your profile every 90 days while either on-site or through your institution's or organization's VPN or proxy server.

McGraw Hill Medical | Support | Subscribe

ACCESS Physiotherapy

Create and sign into MyAccess profile, upper-right sign in dropdown

Books | Quick Reference | Drugs | Multimedia | Cases | Study Tools | NPTE® Review Prep | PTA Course and Board R

AccessPhysiotherapy | Search AccessPhysiotherapy

Sign In | McGraw Hill Professional

Access Provided by: McGraw Hill Professional

Sign in or Create a Free MyAccess Profile

Sign Out

DUTTON'S ORTHOPAEDIC
Examination, Evaluation and Intervention
MARK DUTTON, 10th Edition

DUTTON'S ORTHOPAEDIC
Examination, Evaluation and Intervention
MARK DUTTON

DUTTON'S INTRODUCTION TO PHYSICAL THERAPY & PATIENT SKILLS
MARK DUTTON

PHARMACOLOGY
PHYSICAL THERAPIST
JAMES W. COLE, PhD

PHOTOGRAPHIC DISSECTOR
FOR STUDENTS OF PHYSICAL THERAPY
JAMES W. COLE, PhD

See Also

ACCESS Physiotherapy
F.A. DAVIS
AT COLLECTION

ACCESS Physiotherapy
F.A. DAVIS
PT COLLECTION

Browse Books by Topic | Get Alerts


Homepage

Check Out the Homepage

Streamlined navigation organized into tiles:

- MyAccess profile snapshot
- News and updates related to **AccessPhysiotherapy** on the homepage, including newly released textbooks
- Everything from the **AccessPhysiotherapy** channel like the "Question of the Week"
- Popular and currently high traffic chapters
- Quick links to featured or recently added content

Clinical Sports Medicine collection




Now live on AccessPhysiotherapy: Brukner & Khan's Clinical Sports Medicine collection

[Read Volume 1](#)

[Read Volume 2](#)

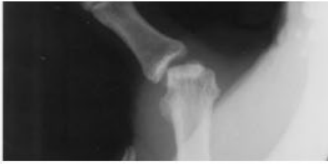
NPTE Prep Live replay sessions



Now live on AccessPhysiotherapy: NPTE Prep Live replay sessions


[Watch now](#)

Question of the Week







AccessPT Channel, Weekly Physical Therap...

[Game Keeper's Thumb](#)

 Eric Shamus, DPT, PhD
Sep 23, 2021

MyAccess

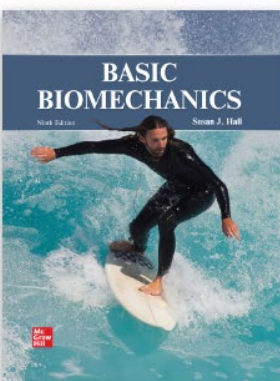
Sign in to Activate More Features:

-  Use your Institution's Access sites from anywhere.
-  Save your favorite content across all Access sites.
-  Organize your favorites into customizable folders.
-  Get access to interactive review questions.

[Sign In](#) [Create a Free Profile](#)

[Learn more about MyAccess](#)

New on AccessPhysiotherapy



Popular Chapters on AccessPhysiotherapy

[Chapter 5: Basic Principles of Electricity and Electrical Stimulating Currents](#)
Therapeutic Modalities in Rehabilitation, 6e

[CHAPTER 7: Cerebellum](#)
Neuroscience for Rehabilitation

[Chapter 12: Visual System II: Central Visual Pathways](#)
Essentials of Modern Neuroscience

[Chapter 15: Intermittent Pneumatic Compression Devices](#)
Therapeutic Modalities in Rehabilitation, 5e

[Chapter 20: The Knee Joint Complex](#)
Dutton's Orthopaedic Examination, Evaluation, and Intervention, 6e

Searching

The search feature in **AccessPhysiotherapy** is simple and easy to use. You can learn more about the search feature by [watching this tutorial](#) on the **Access User Center**.

Search Box

In **AccessPhysiotherapy**, you can search for resources across all content types:

- Auto-suggest appears as you type (can be disabled)
- You can "phrase search" using quotations
- Get the same search results by combining terms together or by using **AND**
 - e.g., *gait biomechanics* = *gait AND biomechanics*

Search Builder

To the left of your search results, search builder allows you to:

- Focus the search by modifying your terms (keyword, title, author, ISBN)
- Filter results by format (chapter, tables, cases, images, multimedia, etc.)
- Select textbooks to see results by specific titles
- Narrow results by topics

Federated Search


A federated search expands your results from **AccessPhysiotherapy** to include results from other McGraw Hill Access Medical sites:

- Use the dropdown menu to the left of the search bar to select federated search
- Search builder elements above apply
- Green dot indicates the item is available in your subscription

The screenshot displays the AccessPhysiotherapy search interface. At the top, there is a search bar with a dropdown menu set to 'AccessPhysiotherapy' and a search button. Below the search bar, it shows '1-20 of 446 Search Results for gait biomechanics'. A sidebar on the left, titled 'Modify Search', contains several sections: 'Keyword' with a dropdown set to 'gait biomechanics' and buttons for 'Add Term' and 'Update'; 'Filter Results' with a 'FORMAT' section containing checkboxes for Book Chapter (348), Case (45), Quick Reference Resources (32), Images (12), and Tables (11); a 'SELECT TEXTBOOKS' section with a dropdown set to 'Select Textbooks'; and a 'TOPICS' section with a dropdown set to 'Topics'. The main search results area on the right lists three items, each with a book cover icon, a title, and a brief description. The first item is 'Vibration Therapy > Effects of Vibration on Gait Biomechanics' (Book Chapter). The second is 'Hip pain > 6. Optimise gait biomechanics' (Book Chapter). The third is 'Posterior Shin Splints' (Quick Reference Resources). Each result has a green star icon indicating it is available in the user's subscription.


Books Library

In the Books tab in **AccessPhysiotherapy**, you will find some of the leading current, authoritative text resources organized into categories in the left-hand sidebar, including anatomy, athletic training, biomechanics/ kinesiology, clinical sports medicine, musculoskeletal PT, Pediatric PT and many other topics.

Access Provided by: 

ACCESS Physiotherapy

Books Quick Reference ▾ Drugs Multimedia ▾ Cases ▾ Study Tools ▾ NPTE® Review Prep PTA Course and Board Review For Instructors



AccessPhysiotherapy ▾ Search AccessPhysiotherapy  About Search

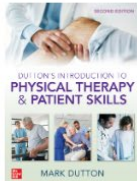
Books

Library ▾

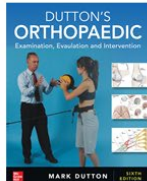
- Anatomy
- Anatomy Dissection
- Athletic Training
- Biochemistry
- Biomechanics/Kinesiology
- Biostatistics
- Cardiovascular/Pulmonary
- Clinical Sports Medicine
- Documentation
- Ethics in Physical Therapy
- Exercise Physiology
- General PT
- Geriatrics
- Health Policy

Textbooks


Tools ▾  



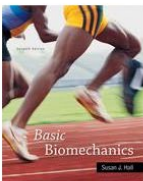
Dutton's Introduction to Physical Therapy and Patient Skills, 2e
Mark Dutton



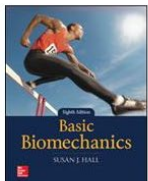
Dutton's Orthopaedic Examination, Evaluation, and Intervention, 6e
Mark Dutton



Basic & Clinical Biostatistics, 5e



Basic Biomechanics, 7e



Basic Biomechanics, 8e

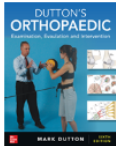
Check Out the Library at These Links

- [Complete Full-Text Library](#)
- [Archived Textbooks](#)
 - In the archived textbooks page, browse previous editions of textbooks hosted on **AccessPhysiotherapy** purposes of reference.

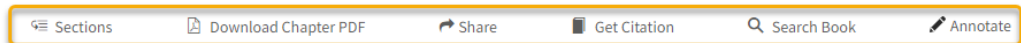
Books Library (continued)

Chapter Task Bar

- Each chapter in **AccessPhysiotherapy** texts features a **Chapter Task Bar** with user output functions, including skipping to chapter sections, downloading as PDF, sharing, generating citations, searching within, and adding notes. [Watch this tutorial](#) on the **Access User Center** to learn more about the Chapter Task Bar.



Chapter 1: The Musculoskeletal System



Text to Speech Tool

- Each text and chapter section in **AccessPhysiotherapy** includes a **Text-to-Speech Tool** indicated with the icon tool below. Users can adjust the tool's settings under the menu to the left, including highlighting levels, text coloring, reading speed, etc.

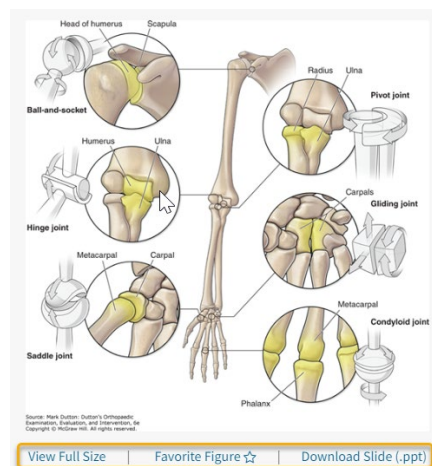


Notetaking Tool

- Hypothes.is** annotation tool allows users to take and share digital notes in each text on **AccessPhysiotherapy**. [View this User Guide](#) on the **Access User Center** to learn more about Hypothes.is.

How to Download Content

- In **AccessPhysiotherapy**, figures and tables can be downloaded (figures as PowerPoint slides with full citation attribution and tables as PDFs), viewed enlarged and in context within the text, and saved to your favorites in MyAccess profile.
- [View this guide](#) on the **Access User Center** to learn more about downloading figured and tables.




Quick Reference

The **Quick Reference** tab in **AccessPhysiotherapy** provides immediate diagnosis and treatment answers.

Quick Answers

- [Quick Answers](#) provides concise, practical, expert information about the diagnosis and treatment of a variety of conditions seen at the point-of care.



Quick Answers: Physiotherapy

Eric Shamus

Search Textbook

[A](#)
[B](#)
[C](#)
[D](#)
[E](#)
[F](#)
[G](#)
[H](#)
[I](#)
[J](#)
[K](#)
[L](#)
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[N](#)
[O](#)
[P](#)
[Q](#)
[R](#)
[S](#)
[T](#)
[U](#)
[V](#)
[W](#)

Abscess, Brain	Amputation Transtibial (BK)
Acoustic Neuroma	Appendicitis
Acquired Coagulation Disorders	Arthritis, Juvenile Rheumatoid
Addison Disease	Arthritis, Rheumatoid
Adhesive Capsulitis	Arthrogryposis
Adrenal Gland Hyperfunction	Asthma
Alzheimer'S Disease	Autism Spectrum Disorder

Copyright

Editor

Contributors

Preface

Outcomes Measures Toolbox

- The [Outcomes Measures Toolbox](#) compiles all measures (tools, scales, tests) used in patient interactions from the **AccessPhysiotherapy** resources so clinicians can access them all in one place when making assessments and screenings.

	Yes	No
Have you recently had a major trauma, such as a vehicle accident or a fall from a height?		
Have you ever had a medical practitioner tell you that you have osteoporosis?		
Do you have a history of cancer?		
Do you have pain at night that wakes you up?		
Does your pain ease when you rest in a comfortable position?		
Have you recently had a fever?		
Have you recently lost weight even though you have not been attempting to eat less or exercise more?		
Have you recently taken antibiotics or other medications for an infection?		
Have you been diagnosed as having an immunosuppressive disorder?		
Have you noticed a recent onset of difficulty with retaining your urine?		
Have you noticed a recent need to urinate more frequently?		
Have you noticed a recent onset of numbness in the area where you would sit on a bicycle seat?		
Have you recently noticed your legs becoming weak while walking or climbing stairs?		

Drugs

The [Drugs](#) tab in **AccessPhysiotherapy** is an integrated drug database of thousands of drugs organized by generics, drug classes, and trade names. Specific drug data includes international brand names. Patient education handouts are available written in clear terms to ensure patients have access to information needed to understand how to take medications and address common questions.

Drug monograph data includes clinical pharmacology, indications and usage, contraindications, warnings and precautions, information for pregnancy and lactation, adverse reactions, drug interactions, dosing, administration, storage and compatibility, monitoring, pricing, and references.

[Watch this tutorial](#) on the **Access User Center** to learn more about the **Drug Monographs**.

[Watch this tutorial](#) on the **Access User Center** to learn more about the **Patient Handouts** available in the drug monographs.

Drug Monographs

All Drugs

Generics

Trade Names

Drug Classes


Patient Handouts

All Drugs > A

Q

Abatacept

Basics Clinical Pharmacology Indications & Usage Contraindications Warnings/Precautions	Pregnancy & Lactation Adverse Reactions Interactions Dosing Administration	Storage & Compatibility Monitoring Patient Education Additional Information Pricing	References
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Images	Description
 Formulation Details	Orencia [B-M SQUIBB U.S. (PRIMARY CARE)] 250 mg
View all	

Multimedia

The [Multimedia Collection](#) offers a robust library of instructional videos, lectures, learning modules, anatomy tools and more. The multimedia resources are highlighted below.

Neurologic Rehabilitation Videos

- Videos from Laboratory Manual for Neurologic Rehabilitation showing real patient scenarios.

Physiology Lectures for USMLE Review

- These are lecture recordings that introduce systems physiology. They are particularly helpful for students who are in the first two years of medical school and who will be studying for both course exams and the USMLE.

Neuroscience

- Ongoing series of lectures on neuroscience created the by the editors of AccessPhysiotherapy. This area represents key elements of study in physiotherapy with colorful graphics and narration along with case studies to stimulate student comprehension and retention.

NPTE Review Live

- Review videos covering various physiotherapy topics, particularly helpful for those studying for the NPTE.

Brokner & Khan Clinical Sports Medicine Audio & Video Selection

- Engaging videos and podcasts on numerous topics in physiotherapy which supplement *Brokner & Khan's Clinical Sports Medicine*, the world-leading title in sport and exercise medicine, an authoritative and practical guide to physiotherapy and musculoskeletal medicine for clinicians and students.

Gross Anatomy Lectures

- Student-friendly 10–15-minute lectures on different aspects and features of anatomy.

Ethics

- Videos covering the ethical considerations in physiotherapy when faced with challenging patient situations.

Anatomy and Physiology Revealed

- An interactive cadaver dissection experience designed to help users explore human anatomy using cadaver specimens and master physiology concepts through animation with detailed information and audio pronunciations to help build anatomical knowledge. Comprehensive quizzing is also included to reinforce learning.

Multimedia (continued)**Videos**

- Chapterized and navigable videos organized by different categories, such examination and evaluation, diagnosis, and physiologic areas.

Interactive Modules

- Modules are derived from *Bruckner and Khan's Clinical Sports Medicine, 4/e*. Through videos, quizzes, images, and interactive elements, users will learn clinical approaches to assessment and techniques for managing common injuries and pain.

Therapeutic Modalities

- Free download PowerPoint presentations on therapeutic modalities.

Gait, locomotion, and balance

- Short videos by Dr Vibhor Argawal showing different gait, locomotion and balance conditions.

Cases

The **Cases** tab in **AccessPhysiotherapy** provide materials for short, targeted case-based learning that require students to think critically about the content. They vary slightly but for each case, you get a patient history and systems review, some short answer questions, clinical pearls, and references.

Cases are durable URL-enabled. Instructors can copy the browser URL and embed in an LMS to assign to students to complete. Cases include comprehension quizzes, and the results can be emailed, e.g., student to instructor.

The screenshot displays the AccessPhysiotherapy website interface. At the top, the navigation bar includes links for Books, Quick Reference, Drugs, Multimedia, Cases, Study Tools, NPTE® Review Prep, PTA Course and Board Review, and For Instructors. The 'Cases' dropdown menu is open, showing a list of categories such as Therapeutic Modalities, Geriatric Physical Therapy Cases, Clinical Neuroanatomy Cases, Ethics in Physical Therapy, Prosthetics and Orthotics Cases, Pharmacology for the Physical Therapist Cases, Physical Therapy Case Files®: Acute Care, Physical Therapy Case Files®: Neurological Rehabilitation, Physical Therapy Case Files®: Orthopedics, Physical Therapy Case Files®: Pediatrics, and Physical Therapy Case Files®: Sports. The 'Physical Therapy Case Files®: Orthopedics' category is highlighted.

Below the navigation bar, the 'Cases' section is visible, showing a list of cases under the 'Physical Therapy Case Files®: Orthopedics' category. The breadcrumb trail at the top of the case page reads: Home > Physical Therapy Case Files®: Orthopedics > Achilles Tendinosis.

The case page for 'Achilles Tendinosis' by Jason Brumitt and Erin Jobst is shown. The page includes a table of contents with the following sections: Case, Questions, Key Definitions, Objectives, Physical Therapy Considerations, Understanding the Health Condition, Physical Therapy Patient/Client Management, Examination, Evaluation, and Diagnosis, Plan of Care and Interventions, Evidence-Based Clinical Recommendations, References, and Comprehension Questions. The 'Case' section is currently selected.

The case text describes a 35-year-old male referred to an outpatient physical therapy clinic with a diagnosis of Achilles tendinosis on his right side. He has experienced a gradual increase in pain for 2 years. His worsening symptoms have limited his ability to run or play basketball. Previous therapies (nonsteroidal anti-inflammatories, ultrasound, manual therapy, custom orthotics) have failed to improve symptoms. His orthopaedist has recommended surgery. However, the patient would like to try physical therapy again.

At the bottom of the page, there is a 'Next: Questions' button and a page indicator showing 'Case 32 / 34'.

Study Tools

Review Questions

- Thousands of [Review Q&A](#) designed for self-assessment. With the review texts, users can generate random and custom review question quizzes from the most popular texts on **AccessPhysiotherapy**.

Simulated NPTE® Exam

- The [Simulated NPTE Exam](#) is broken out into different sections each with a quiz in that area meant to simulate the NPTE experience.

National Physical Therapy Exam® Review Section

The [NPTE Review Section](#) provides users with all the content from **AccessPhysiotherapy** that is most relevant for study and review in preparation for the NPTE, including:

- NPTE Examination and Board Review text
- Online Simulated NPTE Exam (Study Tools tab)
- Further reading/ readings from APT texts

Physical Therapist Assistant Review Board Prep

The [PTA Course and Board Review](#) provides the necessary information to prepare for the examination, including a breakdown of the NPTE format, a comprehensive content review of all body systems, clinical tips, yellow and red flags to treatment, testing strategies, and sample questions. In addition, this resource provides two 200-question practice examinations formatted in the style of the NPTE.

For Instructors

Instructor resources are available for **AccessPhysiotherapy**, as well as AccessMedicine and AccessPharmacy. These resources are only available for health educators, and they include PowerPoint slides, answer keys, suggested quizzes, etc.

How to obtain access to instructor resources?

An educator must first have a MyAccess profile to access the resources.

An educator then emails CustomerSuccess@mheducation.com from their institution's email account (not their personal Gmail, Hotmail, etc.) and include their email signature and the site(s) to which they subscribe for which they would like resources ***[for our tracking purposes]***.

Once Customer Success has confirmed the educator status, access to the instructor resources will be enabled.

Support

The **Access User Center** (<https://www.accessusercenter.com/>) features additional support tools for self-guided help when using Access medical collections. Resources are provided in the menu and organized by site, i.e. AccessPhysiotherapy, AccessMedicine, AccessPharmacy, etc. Helps include tutorials, guides, and author interviews, as well as marketing and promotional materials.

The **AccessPhysiotherapy** page on the Access User Center can be found [at this link](#) which features the complete suite of tutorials, guides, and other helps to ensure a user's self-guided, effective use of **AccessPhysiotherapy**.

Also, users can check the **AccessPhysiotherapy LibGuide** linked through the **AccessPhysiotherapy** page on the Access User Center. This resource features additional guidance on how to navigate and use the site, research help, and links to user resources.

Contact Us

For further questions and help, please email **Customer Success Team** at **McGraw Hill** at customersuccess@mheducation.com. We strive for a 24-hour turnaround time to respond to your query.